

*Have you experienced
childhood sexual abuse?*

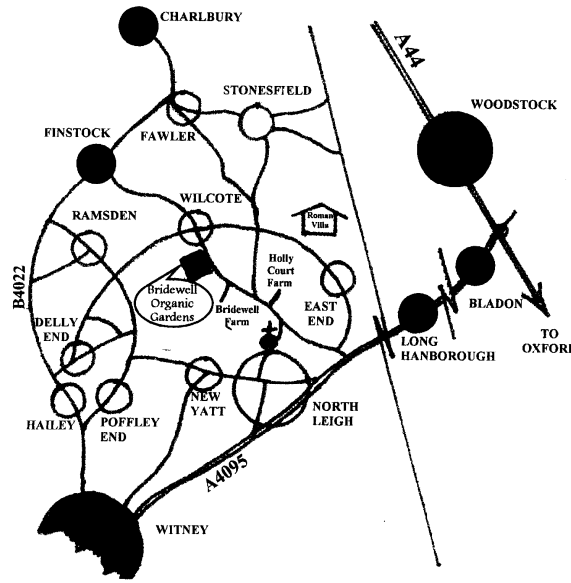
If so and you are interested in a place at Bridewell you can contact us by email or by phoning the office (see back of leaflet).

Please note: Some of our staff who may answer the phone are male, but you can ask to speak to a woman if you prefer.

The office is staffed on most weekdays. You can leave a message on the answer-phone if there is no-one available - we will get back to you as soon as possible.

Or you can fill in the tear-off slip below and send it to 'WOD' at the address on the back of this leaflet.

How To Find Us



Bridewell Organic Gardens
The Walled Garden
Wilcote
OX7 3EB

Tel: 01993 864530 (Office)
Tel: 01993 868313 (Garden)
Email: info@bridewellorganicgardens.co.uk

Website: www.bridewellorganicgardens.org.uk

July 2008

Women Only Day

Support for women who
have experienced
childhood sexual abuse

Therapeutic Gardens in West Oxfordshire

Registered Charity no. 1069878

Name: _____

I am interested in the Women Only
Day. Please contact me by:

Phone: _____

- Preferred day(s) and/or times:

Email: _____

Letter: _____

A supportive project for women who have experienced childhood sexual abuse

Who are we? - We are an innovative charity providing land-based therapeutic opportunities for adults living with health problems, predominantly mental and emotional difficulties. We operate from a walled garden in a rural location a few miles from Witney in Oxfordshire. We offer a range of activities including horticulture, viticulture (yes, we have a vineyard), beekeeping, blacksmithing, wheelwrighting, woodwork, art and crafts. Most of the garden is fully wheelchair accessible.

For more information about Bridewell visit our website:
www.bridewellorganicgardens.org.uk

Our experience - In over ten years of operation we have had many women gardeners whose difficulties have arisen from their childhood abuse experience. A significant number of these have not felt able to remain at Bridewell for any length of time because they have found the mixed sex environment too uncomfortable.

In response to this we have raised funds to allocate a specific day to supporting these women. The *Women Only Day* is on Tuesdays from 10 am – 3 pm. Gardeners are able to participate in a variety of activities as on other days. The day is staffed by an all women group, supported by women volunteers. We are funded by grant making trusts. Any woman who has experienced such abuse can refer.

Practical information – Women can refer themselves or be referred by another agency or key person working with them. The service is free.

Within our limited budget we may be able to assist with ‘access’ costs, for example dependant/childcare costs or travel) but cannot guarantee this.

We provide a volunteer minibus service to transport people to & from Witney at the beginning and end of each day. We can meet people at the gate if they are nervous. We understand it might be difficult for people to come at the beginning. Gardeners are encouraged to start gradually and build up if they need to. It is a warm, welcoming, accepting and safe place.

Referrers:

If you would like to talk to us about referral for the Women Only Day, or to request information/referral packs, please phone our office.

Volunteers:

Volunteers at Bridewell work alongside gardeners in a supportive role, so the ability to listen and give support is more important than horticultural expertise, although obviously this can be a bonus.

We are always interested in hearing from female volunteers who can make a regular commitment on Tuesdays, although we do aim to be flexible with whatever time people can offer.

If you are interested in volunteering and would like more information please contact our Volunteer Co-ordinator.